

November 2022



ACE'S CORNER



Paramount Schools of Excellence

*Menus Subject to Change



Second Option:
 Monday, Wednesday & Friday: Sub Sandwich
 Tuesday & Thursday: Chef Salad

Wow Butter Sandwich offered at lunch daily

Cooked Vegetables are written in green

All salads can be made vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	03	04
	Apple Frudel, String Cheese, Fruit, and Milk	Cereal Bowl, Cheese Stick, Apple, and Milk	Strawberry Pop-tart, Scooby Snack Crackers, Fruit, and Milk	Cereal Bar, Cheese Stick, Apple, and Milk
	Taco Bowl with Rice Black Beans Variety Fruit and Fresh Vegetable Milk Choices	Mozzarella Cheese Sticks Orange Glazed Carrots Variety Fruit and Fresh Vegetable Milk Choices	Chicken Tenders Roll Golden Corn Variety Fruit and Fresh Vegetable Milk Choices	Meatloaf Cheeseburger Green Beans Variety Fruit and Fresh Vegetable Milk Choices
Yogurt and Graham Crackers, String Cheese, Fruit, and Milk 07	Benefit Bar, Cheese String, Fruit, and Milk 08	Cinn-Mini, Cheese Stick, Fruit, and Milk 09	Cereal Bowl, Cheese Stick, Apple, and Milk 10	Muffin, Cheese Stick, Fruit, and Milk 11
Mozzarella Sticks Tater Tots Variety Fruit and Fresh Vegetable Milk Choices	Walking Taco Black Beans Variety Fruit and Fresh Vegetable Milk Choices	Salisbury Steak & Roll with Gravy Mashed Potatoes Variety Fruit and Fresh Vegetable Milk Choices	Hot Dog Slice Steamed Carrots Variety Fruit and Fresh Vegetable Milk Choices	Bacon Cheeseburger Potato Wedges Variety Fruit and Fresh Vegetable Milk Choices
Fudge Pop-tart, Scooby Snack Crackers, Fruit, and Milk 14	Benefit Bar, Cheese String, Fruit, and Milk 15	Apple Frudel, String Cheese, Fruit, and Milk 16	Cherry Frudel, String Cheese, Fruit, and Milk 17	Benefit Bar, Cheese String, Fruit, and Milk 18
Chicken Nuggets & Biscuit Golden Corn Variety Fruit and Fresh Vegetable Milk Choices	Breakfast for Lunch Tater Tots Variety Fruit and Fresh Vegetable Milk Choices	Sweet and Sour Chicken & Rice Steamed Carrots Variety Fruit and Fresh Vegetable Milk Choices	Chili Cheese Dog French Fries Variety Fruit and Fresh Vegetable Milk Choices	Hamburger French Fries Variety Fruit and Fresh Vegetable Milk Choices
Yogurt, Graham Crackers, String Cheese, Fruit, and Milk 21	Cereal Bowl, Cheese Stick, Apple, and Milk 22	23	24	25
Pizza Broccoli Variety Fruit and Fresh Vegetable Milk Choices	Chicken Tenders Green Beans Variety Fruit and Fresh Vegetable Milk Choices			
Cereal Bar, Cheese Stick, Apple, and Milk 28	Benefit Bar, String Cheese, Fruit, and Milk 29	Apple Frudel, String Cheese, Fruit, and Milk 30	Muffin, Cheese Stick, Fruit, and Milk	Cereal Bowl, Cheese Stick, Apple, and Milk
Chicken Sandwich Baked Beans Variety Fruit and Fresh Vegetable Milk Choices	Country Popcorn Chicken Bowl Mexicali Corn Variety Fruit and Fresh Vegetable Milk Choices	Cheese Ravioli W/ Roll Mixed Vegetables Variety Fruit and Fresh Vegetable Milk Choices	Chicken Drumstick & Roll Diced Sweet Potatoes Variety Fruit and Fresh Vegetable Milk Choices	Taco Salad Black Beans Variety Fruit and Fresh Vegetable Milk Choices